### Memorize the Word: Week One

Monday - Thursday

## For God has not given us a spirit of timidity, but of power and love and discipline.

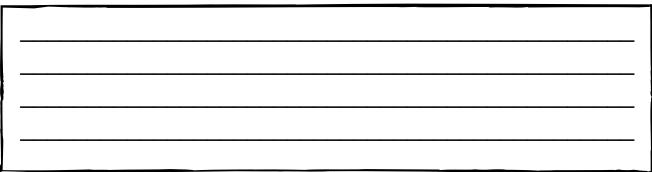
2 Timothy 1:7

Monday & Tuesday:

Let's hide the Word of God in our hearts through scripture memorization! Write this week's verse below and read it aloud twice. Then, turn your paper over and try to recite this verse from memory. Repeat this twice.

#### Monday:

#### Tuesday:



Wednesday & Thursday:

Please read your memory verse aloud. Now, turn your paper over and recite this verse from memory. Repeat this process 3 times. When you are done, please check the day off below.

\_\_\_\_Wednesday

\_\_\_\_ Thursday

### Meditate on the Word: Week One

Monday

## For God has not given us a spirit of timidity, but of power and love and discipline.

2 Timothy 1:7

Now let's meditate on the Word of God as Joshua 1:8 teaches us! In the scriptures, the word meditate, means to murmur (speak lowly) and to ponder (think deeply upon). So, let's begin speaking and thinking on this verse by using the 3 P's.

- Pray: Pray and ask the Holy Spirit to lead and guide you in the Word of God today.
- Pick: Pick a key-phrase to focus upon. (A key-phrase is a group of three or more words).
- Pull: Now, let's pull this key-phrase apart by cycling through the following prompts:
  - Write your key-phrase.
  - Read your key-phrase.
  - Speak your key-phrase.
  - Sing your key-phrase.
  - Pray your key-phrase.
  - Write down any questions or notes the Lord brings to your mind about this verse.
  - Repeat all the above (twice).

### Study the Word: Week One

Thursday

# For God has not given us a spirit of timidity, but of power and love and discipline.

2 Timothy 1:7

It's study time! Let's study the word and show ourselves approved! (2 Timothy 2:15)

Study Question # 4: What person or subject is this verse about?

Study Question # 5: What does this verse say about this person or subject?

Study Question # 6: In which ways, can you apply this verse to either your thoughts or actions today?